

# Health and Social Care

Exam Board: Pearson BTEC

Qualification: L3 BTEC Higher Nationals Extended Certificate

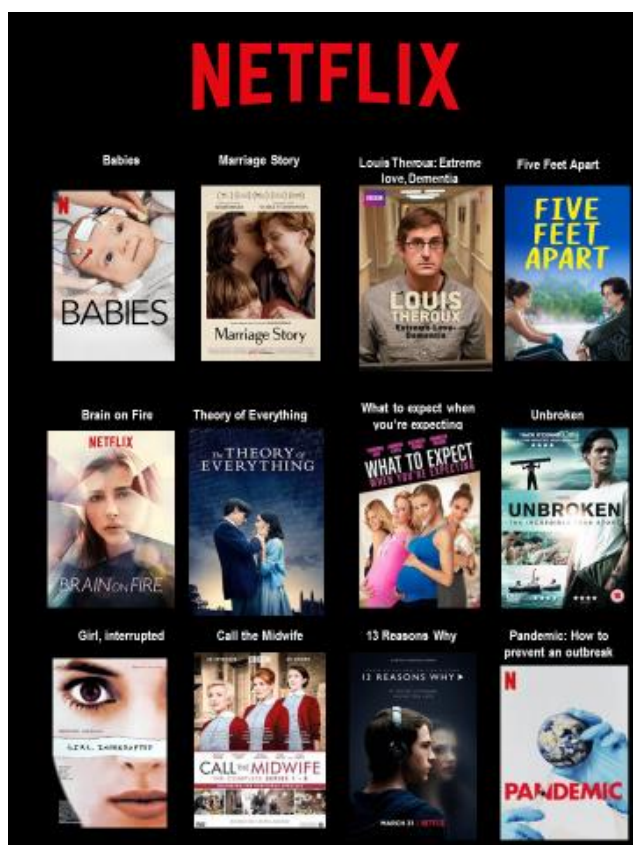
Course code: 601/7197/2



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In September, you will be starting the H&SC L3 course

- 1) If you were in for the transition day, you should have a copy of the **Transition Project**
- 2) What should be completed before the beginning of term:
  - a. The Health and Social Care Transition Project
  - b. Organising a folder/exercise book for Unit 1 exam unit.
- 3) You are encouraged to start reading the following books for insight and background
  - a. This is Going to Hurt by Adam Kay
  - b. When Breath Becomes Air by Paul Kalanithi
- 4) There are also Netflix and other programmes that will be of interest



Please come to the course with an open and inquisitive mind set and look forward to the delights of Health and Social Care.

See you in September.

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## Health & Social Care Transition Project



You are about to begin the transition project for the Level 3 BTEC National Extended Certificate in Health and Social Care.

During year 12 you will complete 2 units, unit 1 and unit 5. Unit 1 is assessed through an external examination and Unit 5 is your coursework module. This transition project seeks to prepare you for the key skills and knowledge needed for this course.

The project is based on:

1. Unit 1: Human Lifespan and Development

You will complete your work within this document. If you need any support with this please email: [a.rabjohn@longdean.herts.sch.uk](mailto:a.rabjohn@longdean.herts.sch.uk)

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## Part 1

### Unit 1: Human Lifespan Development

Learners cover physical, intellectual, emotional and social development across the human lifespan, the factors affecting development and the effects of ageing. You will be focusing on content covered in **learning aim A: Human growth and development through the life stages**

#### Task: Keywords and Definitions

Please research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

Keyword	Definition
Growth	
Development	
Centile Lines (percentiles)	
Development norms	
Milestone	
Gross motor skills	
Fine motor skills	
Adolescence	
Menopause	

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Life expectancy	
Cognitive impairment	
Abstract logical thinking	
Egocentric thinking	
Concrete logical thinking	
Equilibrium	
Disequilibrium	
Self-concept (sense of identity)	
Stranger anxiety	

**Task:** what are the age ranges and key **physical** features of the life stages?

Life Stage	Age	Key Features
Birth and infancy	0-2 years	Infants grow rapidly, at around 1 years old infants can walk, by 2 they can run.
Early childhood		
adolescence		
Early adulthood		

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Middle adulthood		
Later adulthood		

**Task: Explain Piaget's model of intellectual (cognitive development)**

<https://www.youtube.com/watch?v=lhcgYgx7aAA>

Include:

- 3 facts about Piaget
- A brief description of the 4 stages of cognitive development
- Which life stages is this relevant to and why?

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Task: Using this table and your general knowledge (you can research if you need to) what positive and negative events can affect a person's **emotional** and **social** development? I have included some examples. Aim to include at least 3 additional ones in each.

	Positive	Negative
Emotional Development	<ul style="list-style-type: none"><li>• A sense of security from caregivers</li><li>•</li></ul>	<ul style="list-style-type: none"><li>• Lack of love and affection</li></ul>
Social Development	<ul style="list-style-type: none"><li>• Opportunities to be independent</li></ul>	<ul style="list-style-type: none"><li>• Bad influences from peer groups</li></ul>

Watch this documentary: Old People's Home for 4 Year Olds

<https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds/on-demand/64374-001>

Review/synopsis: Write a short summary about the documentary. Who, what, where, when, why? Include all key information of the story. Explain what was thought-provoking about it and the questions it led to. How did it make you feel?

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Teacher Feedback	
WWW:	
Closing the gap:	

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Student comment:	